

## Liability and Assumption of Risk Waiver

I, \_\_\_\_\_, have enrolled in the Zumba® Fitness classes at Rollers, 701 Graham Street, Emporia, Kansas instructed by Amy M. Hayden. I recognize that the program may involve strenuous physical activity including, but not limited to, muscle strength and cardiovascular conditioning and training, and other various fitness activities. I hereby affirm that I am in good physical condition and do not suffer from any known disability or condition which would prevent or limit my participation in this exercise program. I acknowledge that my enrollment and subsequent participation is purely voluntary and is in no way mandated by Amy M Hayden or Rollers, a subdivision of Entertainment Specialties, Inc.

In consideration of my participation in this program, I, \_\_\_\_\_, hereby release Amy M. Hayden and Rollers a subdivision of Entertainment Specialties, Inc, Zumba® and their agents from any claims, demands, and causes of action as a result of my voluntary participation and enrollment. This waiver of liability and assumption of risk shall also be binding to include their heirs, executors or administrators.

I fully understand that I may injure myself as a result of my enrollment and subsequent participation in this program and I, \_\_\_\_\_, hereby release Amy M Hayden, Rollers a subdivision of Entertainment Specialties, Inc, Zumba® and their agents from any liability now or in the future for conditions that I may obtain. These conditions may include, but are not limited to, heart attacks, muscle strains, muscle pulls, muscle tears, broken bones, shin splints, heat prostration, injuries to knees, injuries to back, injuries to foot, or any other illness or soreness that I may incur, including death.

I HEREBY AFFIRM THAT I HAVE READ AND FULLY UNDERSTAND THE ABOVE STATEMENTS.

\_\_\_\_\_  
(Participant Signature)

\_\_\_\_\_  
(Date)

